



SOCER WELCOME PACKAGE

2025-2026



SECTION 1- MEET THE COACH AND STAFF

Director of Athletics: Mr. Robb Serviss serviss@stececile.ca

Head Coach: Mr. Stephen Ademolu [sademu@stececile.ca](mailto:sademolu@stececile.ca)

Athletic Therapist: Mr. Dylan Langois d_langois@stececile.ca

Academic Advisor: Mr. Ken Minello kminello@stececile.ca

SECTION 2 - DAILY SCHEDULE (August 12th, 2025 to May 26th, 2026)

Soccer Prep Daily Schedule (Monday/Tuesday/Wednesday/Thursday/Friday)

**ALL PRACTICES WILL BE LOCATED AT THE TURF FIELD AT 8:00AM.
PLAYERS ARE EXPECTED TO BE READY TO GO BEFORE 8:00AM.**

***Tournaments: TBA**

SECTION 3 - KEY DATES FOR THE YEAR

Main dates for the school year:

- **First Day of 2024-2025 School Year:** August 11th, 2025
- **First Day of Practice:** August 12th, 2025
- **Midterm Examinations:** December 12th-December 18th, 2025
- **Last Day of Classes Before Christmas:** December 19th, 2025
- **First Day back to class:** January 5th, 2026
- **First Day of March Break:** March 19th, 2026
- **First Day of Classes After March Break:** April 7th, 2026
- **Last Day of Practice:** May 26th, 2026
- **Final Examination Period:** May 27th, 2026 – June 2nd, 2026

Final examinations and midterms:

- Soccer practice will continue during midterms
 - Students are expected to continue to attend **unless they have a midterm scheduled during their regular practice time.**
- There are no practices during final examinations
- Students miss practice for the OSSLT Literacy Test or other required HS Standard Examinations when necessary
- Unless students are running school events as part of their curriculum in a subject, they must have permission from their coach to miss practice for an event.

SECTION 4 - GENERAL PROTOCOLS

Athletic Therapy:

Students have access to our on staff athletic therapist via appointment or walk-ins between 3:30pm and 5:30pm. Daily treatment available.

Missing Practice:

Students who miss practice must contact the coaches directly to notify them prior to the start of practice.

Autobiography book

Students can purchase Stephen's autobiography

Link: <https://www.jotform.com/app/252152055009245>

Physiotherapy

ASCIS is a few minutes walk from a professional sports physiotherapy centre: "Sport Medicine Physiotherapy" with physiotherapist Jason Chung. \$600 coverage is included with all boarding student's Tugo Insurance.

Change Room

Students are responsible to ensure their area in the change room is clean and tidy and no items are left on floors etc.

Laundry

Sports equipment will be washed by staff regularly.

Food In the Halls

Students are not permitted to eat in halls or classrooms. All food must be consumed prior to leaving the cafeteria.

SECTION 5 - ACADEMICS

Missing Assignments/Classwork:

Should students fall behind with class assignments and/or work they may not be permitted to attend trips/games until such work is completed and submitted to teachers. This is at the full discretion of the head coach Mr. Stephen Ademolu.

Missing classes:

If a student misses content due to a trip or game they are **fully responsible** for any missed content, assignments or other materials.

Students who have not attended ALL classes on a given school day will NOT be permitted to attend practice that day.

SECTION 6 - SUPPLY LIST

Soccer Supplies required to purchase/bring:

1. Soccer shoes
2. Soccer socks
3. Shine guards
4. Water bottles

Hockey Supplies provided:

1. Soccer T-Shirts
2. Soccer Prep Shorts
3. Soccer Prep Socks
4. Jerseys - **MUST** return after every match

SECTION 7 - CAMPUS FACILITIES

1. JP Wing
2. New hall
3. Music hall
4. Dining hall
5. Game room
6. Fireplace hall
7. Art Room
8. Basement



9. Old gym
10. New gym
11. Track
12. Tennis Courts
13. Courtyard

SECTION 8 - CONTACTS

Mr. Serviss	(Director of Athletics)	Elite Sports Programs	serviss@stececile.ca
Mr. Ademolu	(Head Coach Soccer Program)	Soccer Prep Program	sademuol@stececile.ca
Mr. Surmacz	(Coordinator of Athletics)	Varsity Athletics	g_surmacz@stececile.ca
Mrs. Mihai	(Finance Department)	Book Store and Finance	mmihai@stececile.ca
Mrs. Caran	(Finance Department)	Admissions and Insurance	l_caran@stececile.ca
Ms. Temple	(Head of Student Life)	Boarding and Guidance	jtemple@stececile.ca
Mr. Romero	(Co-Head of Boarding)	Boarding and Transportation	romero@stececile.ca
Mrs. Oliveira	(Administrative Assistant)	HS Office	hs_office@stececile.ca
Mrs. Morin	(Principal Upper School)	Academic Inquires	morin@stececile.ca
Mrs. Schlesinger	(Dean of Academics)	Academics and Timetables	schlesin@stececile.ca